

Relationship Quiz

Please answer the following questions True or False. If you're hesitant with a question answer it True. At the end of the quiz there is a score chart.

- Do you feel lonely?
- Are you lonely even when you're in a relationship?
- Do your loved ones not understand you?
- Do people ignore your feelings?
- Do people step all over you?
- Is finding that special someone important to you?
- Do you have 2 people you're very close to?
- Are most of your friends acquaintances?
- Do people around you gossip about others?
- Do you second doubt yourself often?
- Do you put up with other's bad behavior because you're scared they won't like you if you say something?
- Does your significant other put you down?
- Is trust a big issue in your relationships?
- Have people told you lies?
- Do you often think about how your relationships are effecting you?
- Do you feel safe and protected in your relationships?
- Can you express love to the ones closest to you?
- Do the ones closest to you express love to you?
- Is there a relationship you'd like to improve?
- Have you realized you need to change some things but are hesitant or scared to?
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Please add up all the True's and False's.

15-20 True's: Your life is not your own, take action now.

10-15 True's: You're a people pleaser and need to set more boundaries and increase your standards.

5-10 True's: You're doing pretty good but need to be consistent with your integrity.

0-5 True's: You're well on your way to being yourself 100% of the time. Watch out for little inconsistencies.