

## Surrender

Surrender means that we allow for all of oneness to guide us without our deciding what, when, whom, where and how something is supposed to happen. When we don't surrender we are not acknowledging the gift that the moment is.

Surrender is very scary to our ego. The ego is the processing unit of knowledge. When it gets threatened (the knowledge) it fights back. Knowledge is the answer to everything on this planet. Our ego (mind) really wants to have control over everything. It thinks that if we have control that nothing bad (like death) will happen to us. This doesn't allow us to tap into the universe to find out how to avoid the death that is possible. Let me give you an example. One of my great grandfathers was very powerful in his connection to the source field. He followed it's guidance on a daily basis and when it came time for his death, he told his kids the day and time he would leave his body. Sure enough he left exactly as he said. He of course choose to do that as he was ready to leave his body and had no fear of it. Someone else might choose out of it and stay longer. Either way, it allows for choice.

If you just listen to your ego (mind) which loves acquiring knowledge, you won't allow yourself to receive all that is possible for you beyond that. The mind wants us to do something. When people tell me they're bored, I know they're looking for something outside of themselves to occupy their mind. Their mind is bored and sending a signal that it needs to have a new story, a new activity. In truth, when you connect to the universe you can get “lost” in it for days, years, centuries. It's so filled with magic that boredom does not exist.

The ego tells us that by doing something we're being. We tout people's successes as a way to prove our existence and worthiness as a being. I remember an Aborigine once asking what success meant. After hearing the definition he said, “how can you be successful when after you've received what you're asking for, you ask for more.” I found that to be quite intriguing. Success is a destination, surrender is a journey. When we're DOING, we're doing control. We've decided how much, or how little of something we're going to be involved with. We actually think (ego) that we're doing something that is creating. Doing comes after the creation process. The creation process is allowing for the universe to talk to us and then we take the steps to materialize it into the physical plane.

So how do you surrender? You surrender by letting go of the compulsive thoughts, feelings you have about accomplishment, success, **doing something that you think you're supposed to do, should do, need to do.** Doing is not the answer and never will be. You must follow what your heart says and surrender to the universe supporting you.

**What if there is nothing wrong with where you are?**

**What if there is nothing wrong with you?**

**What if you don't have to figure out, fix, or change anything?**

**What if you don't ever change?**

**What if you're never remembered after you die?**

**What if you never do anything "important"?**

**What if you stay exactly the same as you are right now?**

**What if the most you accomplish is with yourself?**

**What if you never contribute?**

What do you feel when you read the above? Does it cause panic, anxiety, fear? Do you demand that you change yourself and your life? What should you have about what, who you're supposed to be? Are you the person who always fixes others issues? The one who is loving no matter what? The artist who feels everything so deeply? The one who has all the answers?

These are all ego thoughts. Someone who sits and meditates for the planet is not more or less productive or helpful than someone who runs 10 companies. It's determined by the feeling that is being emitted by the person. Are they loving, caring, generous, willing to be present for others and themselves.

I have met people who will recycle, do healing for the earth, talk about loving the earth while they're emotionally using it every single moment and raging at others. It's like the person who goes to temple, mosque, church every week and then as soon as they walk out of the building start shouting at someone that they're in their parking spot. They're doing what they SHOULD do.

Surrendering is not easy. Your ego says you're taking a HUGE risk by going with the flow. It might work and it might not. You don't know. But in the unknown is where all the magic is. You can live a life that your mind creates and follows, or

you can let the universe become your guide.

A few months ago a young man came to sell us a new roof. As I looked at him I realized that no one had told him that he already had a gift inside of him that was very powerful. Instead, he was doing what he thought he should do. As I looked into his future I knew that if he continued this process he would be very unhappy. He wasn't connecting to himself to see what would feel the best to him. After spending hours with him we parted ways without buying the roof! We bumped into him in a local store. He was very happy to see us and excited to tell us that he'd quit his job and was pursuing his passion. The passion that I saw overflowing through him and acknowledged. You could see his eyes glowing with joy and purpose. He took a big risk when he quit his job but trusted what I said to surrender to the process of his growth.

As you go through the retreats, classes, sessions watch where you want to control and practice surrender by going into your heart. Your heart Chakra can support you in loving yourself enough to allow you to be instead of do.